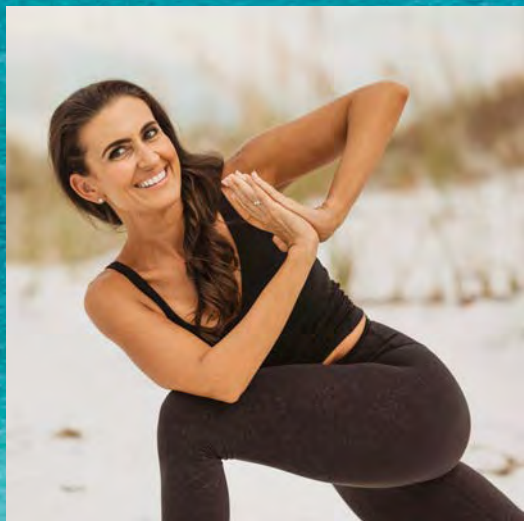




# NATALIE LEON

NatalieLeon.com



*Natalie Leon empowers people to LOVE and OWN all of who they are, right here and now, through a combination of mindful movement, intuitive nutrition, and a healthy mindset for **LASTING TRUE WELLNESS***

*She is a Wellness & Fitness Professional with 25 years of experience, a Keynote Speaker, the Owner of Loving Me Fitness & Retreats, and the Amazon Author of*

*"Loving Me: The 5 Connections to Loving Yourself."*

Natalie has partnered with LULULEMON and the National non-profit, **BREAKING THE CHAINS FOUNDATION.**

She is a former co-owner of an eating disorder clinic in Hawaii and the co-creator of a women's wellness center in Florida.

To learn more, visit:



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